



Trust Headquarters  
Nexus House  
Gatwick Road  
Crawley  
West Sussex  
RH10 9BG

Date 21<sup>st</sup> October 2019

Email:

Dear,

Tel: 0300 123 0999  
[www.secamb.nhs.uk](http://www.secamb.nhs.uk)

I am writing in response to your enquiry under the Freedom of Information Act 2000 (FOIA) reference FOI/19/10/16.

You requested the following information, please also see our response below:

**How many ambulance workers (please include paramedics and technicians) took at least one day off sick during the financial years 2017-18, 2018-19, 2019-20 to date due to stress, anxiety and depression?**

Please see table below:

Year	Headcount*
31.03.18	231
31.03.19	239
30.09.19 (to 30 Sep 19)	161

\*This is all frontline staff including paramedics and technicians

**What number is that as a proportion of full time ambulance workers at the trust?**

Please see table below:

Year	Percentage
31.03.18	12.85%
31.03.19	11.81%
30.09.19 (to 30 Sep 19)	7.55%

**How many days did the trust lose to sickness caused by stress, anxiety and depression - during the financial years 2017-18, 2018-19, 2019-20 to date?**

Please see table below:

Year	FTE Days Lost
2017/18	15,193.54
2018/19	13,837.45

2019/20 (to 30 Sep)	9,248.45
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This information has been extracted using the following absence reason 'S10 Anxiety/stress/depression/other psychiatric illnesses'

I hope you find this information of some assistance.

If for any reason you are dissatisfied with our response, kindly in the first instance contact Caroline Smart, Head of Information Governance via the following email address:

[FOI@secamb.nhs.uk](mailto:FOI@secamb.nhs.uk)

Yours sincerely

Freedom of Information Coordinator  
South East Coast Ambulance Service NHS Foundation Trust